



**SWS Mountain Guides**

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**Northern California Ski Safari  
South Cascades  
Mount Lassen & Mount Shasta  
3 Days / 2 Nights**



A Northern California backcountry skiing adventure designed for intermediate to advanced alpine skiers or split boarders who are looking for a sampling of the best backcountry skiing California has to offer. A series of three, 1-day trips takes adventurers to bowls and mountain peaks safely with an emphasis on California spring skiing with great corn conditions, sunny skies, unlimited turns, and tons of fun! Car Camping with daily guided backcountry skiing: This course will consist of three daily ski adventures into the Southern Cascades, starting with Lassen Volcanic National Park and some of a unique ski terrain in the world. Ski California's deepest snowpack through active volcanic areas of steam vents and bubbling mud pots. An untapped gem of west coast ski. From here the second day of the trip moves up to Castle Lake where steep shots meet short approaches. The alpine terrain of Castle Lake is ideally situated between Mt. Shasta and Castle Crags Wilderness areas. Few places in the world offer this incredible combination of good skiing, short approaches, and spectacular views. Finally, the last day of our trip wraps up nearby on the lower flanks of world-renowned Mt. Shasta. Known both for its deep powder in the winter and perfect corn skiing in the spring Mt. Shasta offers endless options for ski tours and descents perfectly tailored for what most adventurous skiers are seeking. Shasta is considered by many to be the best beginner to intermediate ski mountaineering terrain in the World.

**Itinerary:**

Because this course is offered as a series of single day tours, it is difficult to explain what each day looks like. In essence we will adjust each trips tour plan based on the where the best conditions can be found. Think of it like 3 personal trips that has the bonus of your guide doing the planning, preparing, and weather observations for each one to get you the best ski/splitboard session on any given day. It's one of our favorite trips in one of our favorite places to work! Give us a call if you have any questions on what to expect for your trip.

**Location:** Lassen National Park and Mt. Shasta Wilderness



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**Experience Level Requirements: Intermediate - Advanced/Expert Alpine Skier/Snowboarding skills.** Previous Ski Mountaineering experience on variable snow conditions is required for advanced to technical itineraries. We highly recommend taking our 1-day Backcountry Ski Clinic for Skier/ Snowboarders who do not have prior backcountry ski experience.

**Physical Conditioning Requirements:** Participants should be in excellent physical condition. Daypacks generally weigh 10 to 20 pounds on any given day. Please refer to our Physical Conditioning PDF on the resource page for more info. Please call us if you have any questions or concerns about your fitness or how to prepare.

**Food Provided:** Breakfasts, dinners, and hot beverages while on the mountain. We will have a variety of options available, however we cannot guarantee specific choices of flavors or meals. If you have a favorite breakfast or dinner that only requires hot water to be added, you are welcome to bring it. Make sure to bring your own favorite, high-calorie, high-carbohydrate lunches, and snacks. Examples: bagels, cheese, dried fruit, trail mix, Clif bars, chocolate, etc.

**Getting Here and Away:** The Sacramento Airport (SMF) and Medford International Airport (MFR) are great jumping off points.

**Where to Stay:** Mt. Shasta is a mountain town with several options on where to stay. Please feel free to contact us if you have questions or want recommendations.

**Group Size:** 1-6 Total Guests (Guide to Guest Ratio: 1:3).

**What is Included:** Professional instruction/guide, breakfast(s), dinner(s), ice axes, helmets, harness, group climbing equipment including ropes and safety equipment, group camping equipment including tents and stoves, permits, and permit fees including Mt. Shasta summit fees.

**What is NOT Included: Skis or Snowboards, Poles, Ski Mountaineering Boots, and Crampons are NOT included** but are available for rent either from SWS Mountain Guides (crampons) or locally (skis, poles, boots). For more details about equipment, please see our equipment list for this course or give us a call for rental options.

**Ski Mountaineering Rentals are available** at the Fifth Season 530-926-3606 or give the SWS Mountain Guides office a call at 888.797.6867 for additional rentals options in the San Francisco Bay Area.